# A Mother-Daughter Book Club Guide for *The Healing Spell*

Available at any retail or on line bookstore

By Kimberley Griffiths Little From Scholastic Press

## Mother-Daughter Game

As mother and daughter, how well do you know each other? Play this fun game to see what you already know and what may surprise you!

<u>Directions:</u> Mothers sit on one side of the room and daughters on the other side. A game leader asks the questions below to the entire group. Each person *writes the answer they think their mother/daughter might say* on a piece of paper. After the answers are written, mother and daughter sit together as a team. The questions are asked again and mother and daughters tell each the other their answers. If the answer your have matches what your mother/daughter says, then you score a point. The team with the most correct answers wins!

- 1. What household chore do you hate the most?
- 2. What thing are you most afraid of?
- 3. What is *one* word that best describes you?
- 4. What do you love doing most with your mother/daughter?
- 5. Name something that embarrasses you.
- 6. Name something in your mother/daughter's bedroom that you might put on a knotted string to help remember her?
- 7. What is your greatest accomplishment or what you are most proud of?
- 8. What is dream or goal of yours for the future?

### Discussion Guide

- Why do you think Livie would rather clean the bathroom and do the dishes than help with her mamma? What types of things do we avoid in our own lives and why?
- In Chapter 7, Livie remembers a day of shopping with Mamma. Briefly recount what happens that causes a conflict between the two of them. Have you and your mother/daughter had a similar experience?
- What does Livie see in Mamma's art studio that surprises her? How does it make her feel?
- What is the first memory of Mamma that Livie writes in her notebook? Why do you think she remembers that first?
- What are the nine items she puts on the string and what is the meaning behind each of them?
- Livie finally talks to Mamma. How do you think this will help the healing spell to work?
- Livie realizes that "the knotted string was helping me mend all the broken pieces of my heart back together." How did the healing spell help Livie as much as it did Mamma?

Contact Kimberley for bookmarks, postcards and signed book plates for *The Healing Spell* to pass out at your club night! kglittle@msn.com Visit Kimberley on her website: www.kimberleygriffithslittle.com

### Art Project

#### <u>My Healing Spell</u>

- \* Read the Recipe for a Healing Spell at the end of the book.
- \* Think about someone you love and know personally.
- \* Next, cut out the picture of the string, or use a real knotted string, and for each knot in the string draw a picture or attach items that you think best represent that person. Make it with as few or as many knots as you like.
- \* Lastly, write down nine memories of that person that you never want to forget.
- \* Mount the string and pictures/items together with the final draft of your memories. It can be displayed or given as a gift to that person. If it is near Mother's or Father's Day, it could be used as a gift for that holiday.



# Recipe for Beignets

Beignets are a French donut that were served at Faye's wedding in the book and now you can make them at your Book Club party! (Make the dough in advance.)

**Ingredients:** 

1 1/2 cups lukewarm water
1/2 cup granulated sugar
1 envelope active dry yeast
2 eggs, slightly beaten
1 1/4 teaspoons salt
1 cup evaporated milk
7 cups bread flour
1/4 cup shortening
Non stick spray
Oil, for deep-frying
3 cups confectioner's sugar

#### **Directions**:

Mix water, sugar, and yeast in a large bowl and let sit for 10 minutes.

In another bowl, beat the eggs, salt, and evaporated milk together. Mix egg mixture to yeast mixture. In a separate bowl, measure out the bread flour. Add 3 cups flour to the yeast mixture and stir to combine. Add the shortening and continue to stir while adding the remaining flour. Remove dough from the bowl, place onto a lightly floured surface and knead until smooth. Spray a large bowl with nonstick spray. Put the dough into the bowl and cover with plastic wrap or a towel. Let rise in a warm place for at least 2 hours.

At party: Preheat oil in a deep-fryer to 350 degrees F. Add the confectioners' sugar to a paper or plastic bag and set aside. Roll the dough out to about 1/4-inch thickness and cut into 1-inch squares. Deep-fry, flipping constantly, until they become a golden color. After beignets are fried, drain them for a few seconds on paper towels, and then toss them into the bag of confectioners' sugar. Hold the bag closed and shake to coat evenly.

Want to read more? If you liked *The Healing Spell*, check out these other great reads: *Love, Aubrey* by Suzanne LaFleur and *How to Steal a Dog* by Barbara O'Connor or enjoy another one of Kimberley Griffiths Little's books: *The Last Snake Runner*